

ASH WEDNESDAY



Church of the Holy Trinity, Guildwood

85 Livingston Rd Scarborough, ON M1E 1K7

416 261 9503 • www.trinityguildwood.org

The Reverend Canon Stephen Kirkegaard, Incumbent

March 5, 2025 – 7:30pm



f HolyTrinityGuildwood

Welcome to Holy Trinity, Guildwood

At Holy Trinity, Guildwood, we welcome all who come to worship with us. Though we are people of diverse background, lifestyle, and opinion, we are one in our desire to follow Jesus Christ. We seek to live as diversity in unity, offering a community in which we can all grow together as one Body: God's Church. We hope the order of service will help you find your way, but feel free to ask your neighbour for help. We are truly pleased that you have chosen to worship with us.



Holy Communion: All are welcome in this church and at this altar. All baptized persons, including children, are invited to receive the bread and wine at Christ's table. Those not receiving communion may wish to receive a blessing. Simply cross your hands over your chest to indicate you are not receiving communion. The Anglican Church supports the ancient use of the common cup. Those receiving the chalice are asked to assist the chalice bearer by grasping the cup at the base and guiding the cup to their lips. **For health purposes the practice of intinction, dipping the bread into the wine, is discouraged.** If you do not wish to drink from the common cup, please feel free to receive the bread only. Simply cross your hands over your chest when the chalice bearer passes by to indicate you do not wish the wine. The ancient teaching is that the whole Christ is received whether one receives only the consecrated bread or both bread and wine. Please come forward (should you wish) to the altar rail, at the indication of the sides person (usher) to fill the altar rail from the outside in. Those with mobility concerns may also receive Holy Communion while remaining in place, please notify a sides person (usher).

Children are always welcome at Holy Trinity - On Sundays, children are invited to take part in the wonderful age-appropriate activities offered by Church School downstairs in the church hall during the Liturgy of the Word, after which they return upstairs to join in the Celebration of the Eucharist. Parents are always welcome to join their children for some or all of the time downstairs. For more information, contact Denise Byard – Lay Pastoral Associate at 416-261-9503 or denise@trinityguildwood.org. Children are always welcome to join in the fun and adventure of growing in Christ.

**As you are invited to stand or sit,
please feel free to do as best fits your health, comfort and circumstances.**

Please silence your cell phones.

The Holy Eucharist

The Gathering of the Community *please stand*
The liturgy begins in silence.

Welcome

Land Acknowledgement

Lay Assistant Today we honour and acknowledge that this land and locality are on the historical traditional lands of the Indigenous Peoples of what we call Turtle Island and what is commonly called North America.

We acknowledge the leadership of Indigenous Elders, who continue to teach us about what it means to live in a balanced and good way with all creation. May our time of worship together be blessed, as we give respect to the First Peoples of this land and seek to live in right relationship with ourselves, Creator, and one another.

We pray that the Spirit will lead us into all truth, into repentance for the wrongs of the past and into true reconciliation with our Indigenous brothers and sisters that we may be partners in healing and peace, to the glory and thanksgiving of God our Creator.

(National Indigenous Archbishop Chris Harper)

Greeting *Please stand*

Presider The Lord be with you.

All **And also with you.**

Presider Let us pray.

Silent Prayer

The Collect of the Day *please remain standing*

Jesus, holy and strong,
by your fasting and temptation teach us self-control;
that together we may walk with you
in the Way of Love and Life.

Almighty and everlasting God,
you despise nothing you have made
and forgive the sins of all who are penitent.
Create and make in us new and contrite hearts,
so that when we turn to you and confess our sins,
we may receive your full and perfect forgiveness;
through Jesus Christ our Redeemer.

God of the desert,
as we follow Jesus into the unknown,

may we recognize the tempter when he comes;
let it be your bread we eat,
your kingdom we serve
and you alone we worship
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. **Amen.**

Adapted from Book of Alternative Services & New Zealand Prayer Book

The Proclamation of the Word

First Reading

Isaiah 58:1-12

- Reader 1* A reading from the prophet Isaiah.
Shout out, do not hold back! Lift up your voice like a trumpet!
Announce to my people their rebellion, to the house of Jacob their sins.
- Reader 2* Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.
“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?”
- Reader 1* Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?
- Reader 2* Is not this the fast that I choose:
to loose the bonds of injustice, to undo the thongs of the yoke,
to let the oppressed go free, and to break every yoke?
- Reader 1* Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
- Reader 2* Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

Reader 1 If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

Reader 2 The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Listen for the leading of the Spirit.

All **Thanks be to God.**

Psalm #103:8-18

Refrain

The Lord is kind and mer-ci - ful, the
Lord is kind and mer-ci - ful.

*Gather3 #75. Contributors: Marty Haugen, International Commission on English in the Liturgy (ICEL).
Tune: © 1983, GIA Publications, Inc. Text: Psalm 103: 1-2, 3-4, 8; para. By Marty Haugen, © 1983, GIA Publications, Inc.; refrain trans. © 1969, ICEL
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Second Reading

2 Corinthians 5:20b-6:10

A Reading from the second Letter to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see we are alive; as punished, and yet not killed; as

sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Reader Listen for the leading of the Spirit.

All **Thanks be to God.**

Gradual Hymn #360 – Bless the Lord, My Soul

BLESS THE LORD

Text: Ps. 103.1-2; para. Taizé Community (France). Music: Jacques Berthier (1923-1994). Para. And music © 1991 Les Presses de Taizé. Used by permission of G.I.A. Publications Inc, exclusive agent. All rights reserved. Reprinted under OneLicence.net #A-716522

Please stand

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

The Holy Gospel

Matthew 6:1-6, 16-21

Jesus said to the people, "Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Reader The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Sermon

The Rev. Canon Stephen Kirkegaard

Silence for reflection

Our Response to the Word

Invitation to observe a Holy Lent

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Psalm 51 - Be Merciful, O Lord

Refrains

I Be mer - ci - ful, O Lord, we have sinned, we have sinned,
II Cre - ate a clean heart in me, O God.

Be mer - ci - ful, O Lord for we have sinned.
Cre - ate a clean heart in me.

Verses

1. Have mercy on me, God, in your kindness.
In your compassion blot out my offense.
O wash me more and more from my guilt, from my guilt
and cleanse me, O Lord, from my sin.
2. My offenses truly I know them;
my sin is always before me.
Against you, you alone, have I sinned, have I sinned;
what is evil in your sight I have done.
3. A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence, O Lord,
nor deprive me of your holy spirit.
4. Give me again the joy of your help, Lord;
with a spirit of fervor sustain me.
O Lord, open my lips, O Lord, open my lips
and my mouth shall declare your praise.

Gather 3 #52. Text: Psalm 51:3-4, 5-6, 12-13, 14, 17; © 1963, 1993, The Grail, GIA Publications, Inc., agent; refrain trans. © 1969, ICEL. Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc. All rights reserved. Reprinted under OneLicence.net #A-716522

Litany of Penitence

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Imposition of Ashes

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Those who wish to receive ashes are invited to come forward.

Hymn – Sunday's Palms Are Wednesday's Ashes

BEACH SPRING



1 Sun-day's palms are Wednes-day's ash - es as an - oth - er Lent be -
2 We have failed to love our neigh - bors, their of - fenc - es to for -
3 We are hast - y to judge oth - ers, blind to proof of hu-man



gins; thus we kneel be - fore our Mak - er in con -
give, have not lis - tened to their trou - bles nor have
need; and our lack of un - der - stand - ing dem - on -



tri - tion for our sins. We have marred bap - tis - mal
cared just how they live; we are jeal - ous, proud, im -
strates our in - ner greed; we have wast - ed earth's re -

pled - ges. in re - bel - lion, gone a - stray; now, re -
 pa - tient, lov - ing (ov - er - much) our things; may the
 sour - ces; want and suf - fering we've ig - nored; come and

turn - ing, seek for - give - ness; grant us par - don, Lord, this day!
 yield - ing of our fail - ings be our Len - ten of - fer - ings.
 cleanse us, then re - store us; make new hearts with - in us, Lord!

Lutheran Book of Worship #2138. Text: Rae E. Whitney, 1982. Music: The Scared Harp, 1844; attr. To Benjamin F. White; harm. Alfred V. Fedak, 1994. Text and harmonization © 1994 Selah Publishing Co., Inc.

Absolution

The Peace *please stand*

Presider The Peace of the Lord be always with you.

People **And also with you.**

We greet one another in the name of the Lord.

Announcements

If you are new to our community, we're glad to have you here worshipping with us.

Please subscribe to, like, and share our Holy Trinity Guildwood YouTube Channel.

To receive Together@Trinity please send us your email address.

Highlights:

Saturday March 8, World Day of Prayer, St. Boniface @ 2pm, Readers needed.

Sunday March 9, @ 2:00 A.M. Daylight Saving Time begins.

Wednesday March 12 & Thursday March 13, A.V. & Live Streaming Camp

Bread Elves looking for HTG congregation member to join them.

Holy Trinity Guildwood's ministries are supported by the prayers, time, energy, and financial gifts of those who worship with us. Your donation makes a difference.

Thank you for your generous support.

If you feel inspired to financially support the impact we are making with our neighbours, and our planet, please donate via cash, cheque or leave your donation on the offering plate at the back of the church.

Online donations can be made on our website.

The Celebration of the Eucharist

The Preparation of the Gifts *please remain standing*

Offertory Hymn #614 – Forgive Our Sins As We Forgive

DETROIT

Text: Rosamond Eleanor Herklots (1905-1987), alt. © Oxford University Press. Music: Melody Supplement to Kentucky Harmony, 1820; harm. Russell Schulz-Widmar (1944-). All rights reserved. Reprinted under OneLicence.net #A-716522

While the hymn is sung, the table is set.

Prayer over the Gifts *please remain standing*

p. 286

Officiant Gracious God,
accept the offering of your Church,
the hearts of your people
joined in praise and thanksgiving,
in the name of Jesus Christ the Lord. **Amen**

The Great Thanksgiving – Eucharistic Prayer #3

p. 198

Please feel free to sit, kneel or stand - however you are most comfortable to pray.

Holy, Holy, Holy.

MASS OF THE LAMB

The musical score is written on five staves in G major (one sharp) and 6/8 time. The lyrics are: Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and earth are full of your glo-ry. Ho - san - na in the high-est. Bless-ed is he who comes in the name of the Lord. Ho - san - na, ho - san - na, ho - san - na in the high-est.

Text: © 2010, ICEL. Music: Mass of the Lamb, Francis Patrick O'Brien, © 2018, G.I.A Publications, Inc. Reprinted under OneLicence.net #A-716522

The Lord's Prayer

**Our Father, in heaven, hallowed be your name;
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread,
and forgive us our sins
as we forgive those who sin against us;
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory
are yours now and forever.**

The Breaking of the Bread

Presider We break this bread,
People **Communion in Christ's body once broken.**
Presider Let your Church be the wheat
Which bears its fruit in dying.
People **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

The Communion

Presider The gifts of God for the People of God.
People **Thanks be to God.**

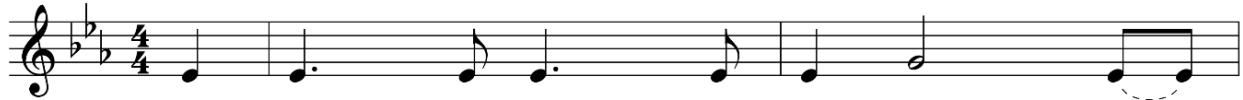
Lamb of God

MASS OF THE LAMB

Lamb of God, you take a-way the sins of the
world, have mer - cy on us.
Lamb of God, you take a-way the sins of the
world, grant us peace, grant us peace.

Music: Mass of the Lamb, Francis Patrick O'Brien, © 2018, G.I.A Publications, Inc. Reprinted under OneLicence.net #A-716522

Communion Hymn – Ashes



1. We rise a - gain from ash - es, from the
 2. We of - fer you our fail - ures, we
 3. Then rise a - gain from ash - es, let
 4. ☩ Thanks be to the Fa - ther, who



good we've failed to do. We rise a - gain from
 of - fer you at - tempts, The gifts not ful - ly
 heal - ing come to pain, Though spring has turned to
 made us like him - self. Thanks be to the



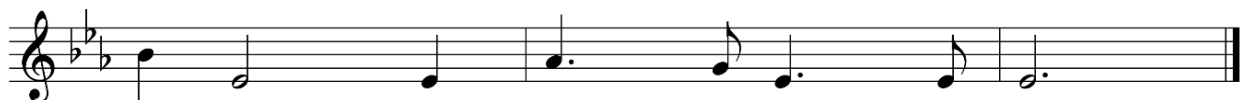
ash - es, to cre - ate our - selves a - new. If
 giv - en, the dreams not ful - ly dreamt. Give our
 win - ter, and sun - shine turned to rain. The
 Son, who saved us by his death.



all our world is ash - es, then
 stum - bl - ings di - rec - tion, give our
 rain we'll use for grow - ing, and cre -
 Thanks be to the Spir - it, who cre -



must our lives be true, An of - fer - ing of
 vi - sions wid - er view, An of - fer - ing of
 ate the world a - new From an of - fer - ing of
 ates the world a - new From an of - fer - ing of



ash - es, an of - fer - ing to you.
 ash - es, an of - fer - ing to you.
 ash - es, an of - fer - ing to you.
 ash - es, an of - fer - ing to you.

Communion Hymn #52 – O God, Unseen Yet Ever Near.

ST FLAVIAN

Text: Edward Osler (1798-1863); rev. Hymns for Today's Church. © 1982 Hope Publishing Co. Music: John Day (1952-1584), Psalms, 1562.

The Sending Forth of the Community

Prayer after Communion *please stand*

Presider God of all the nations of the earth,
 guide us with your light.
 Help us to recognize Christ as he comes to us
 in this eucharist and in our neighbours.
 May we welcome him with love,
 for he is Lord now and for ever.

Presider Glory to God,
All **whose power, working in us, can do infinitely more
 than we can ask or imagine.
 Glory to God from generation to generation,
 in the Church and in Christ Jesus,
 for ever and ever. Amen.**

Blessing and Dismissal

Sending Hymn #171 – What Does the Lord Require

SHARPTHORNE

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Instead of giving something up during Lent, please consider giving something away each day.

5-Mar	Cooking Oil	25-Mar	Dish soap
6-Mar	Toilet Paper	26-Mar	Canned Peaches
7-Mar	Kleenex	27-Mar	Canned or powder Milk
8-Mar	Baked Beans	28-Mar	Jam or Jelly
9-Mar	Box of Ceral	29-Mar	Flour
10-Mar	Shampoo	30-Mar	Tooth Paste
11-Mar	Rice	31-Mar	Tomato Soup
12-Mar	Laundry Detergent	1-Apr	Canned Vegetables
13-Mar	Apple Juice	2-Apr	Feminie Products
14-Mar	Chunky Soup	3-Apr	Tea / Coffee
15-Mar	Beef Stew	4-Apr	Cookies
16-Mar	Pancake Mix	5-Apr	Hamburger Helper
17-Mar	Syrup	6-Apr	Bar Soap / shower gel
18-Mar	Pasta - spaghetti	7-Apr	Canned Ham
19-Mar	Tomato sauce for Pasta	8-Apr	Canned Tomato
20-Mar	Coconut Milk	9-Apr	Cake Mix
21-Mar	crackers / kids snacks	10-Apr	Deodorant
22-Mar	Granola Bars	11-Apr	Paper Towels
23-Mar	Hot Chocolate	12-Apr	Pudding Cups
24-Mar	Applesauce	13-Apr	Your Favourite Food

#LIVE LENT



Lent is a time to immerse ourselves in the biography of Jesus, and to reflect on the story of God's plan of salvation for us and for all creation. In reflecting on the stories in scripture, we can more deeply consider the story of our own life, and God's work and holy intentions unfolding in us.

#LiveLent: God's Story, Our Story is a resource developed by Dean Stephen Hance when he was the Evangelism and Discipleship Lead for the Church of England. Starting on Ash Wednesday, it includes a reading from scripture, a short reflection and a prayer for each day during Lent. At the start of each week, there is a brief introduction to set the scene for the whole week, with a weekly action to take.

Dean Hance has also developed a guide that you can use to lead discussions in a small group.
<https://www.toronto.anglican.ca/wp-content/uploads/2025/01/Live-Lent-Toronto.pdf>



Online Workshops: April-June 2025

(all from 12-1 p.m. unless stated)

- April 24 **Starting Something From Nothing: How to Grow a Youth Ministry When There are No Kids in the Pews with Cormac Culkeen**
- April 29 **Education for Ministry: taking experience seriously with Carol Kysela and Annette Cowan**
- May 1 **Ministering to the Outliers: What Ministering to Kids Who “Don’t Fit In” Can Teach us About the Kin-dom of God with Cormac Culkeen**
- May 6 **Repairing the Breach – Social Justice and Spirituality with Elin Goulden**
- May 7 **Reimagining Evangelism with Jason Persaud *12:00-1:30pm**
- May 8 **Especially for Lectors: Offering a Beautiful Ministry of the Word with Judy Paulsen**
- May 13 **Spiritual Journalling for Groups & Individuals with Neil Mancor**
- May 14 **The Hybrid and the Holy with Cynthia Majewski, Elizabeth McCaffrey and Tim Ralph**
- May 15 **Theological Reflection: finding meaning and direction with Carol Kysela and Annette Cowan**
- May 20 **Sing a new song: helping your community find their voice with Dan Norman**
- May 21 **Connecting with Families in the neighborhood with Elizabeth Achimah**
- May 22 **Alpha Course Leaders Training with the Alpha Canada team *12:00-1:30pm**
- June 12 **Praying our Song, Singing our Prayer panel discussion led by Tom Bell**

For more information and to register, visit
www.toronto.anglican.ca/spiritualrenewal

Assisting in Worship are:

Presider & Preacher The Rev. Canon Stephen Kirkegaard

Lay Assistant Cathy Mathews

Readers Cathy Mathews, Lesley Hetherington

Altar Guild Karen Price, Beth Raymer, and
Lesley Hetherington

Welcome Mary Beth Moffatt Sinclair

**Readings for the
First Sunday in Lent
(Lent 1)
March 9, 2025
Deuteronomy
26:1-11;
Psalm 91:1-2,9-16;
Romans 10:8b-13;
Luke 4:1-13**

How to contact us

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Church Office Hours:
The office is closed Mondays and Wednesdays
Tuesdays and Thursdays 10 am – 4 pm
Fridays 10 am – 2 pm