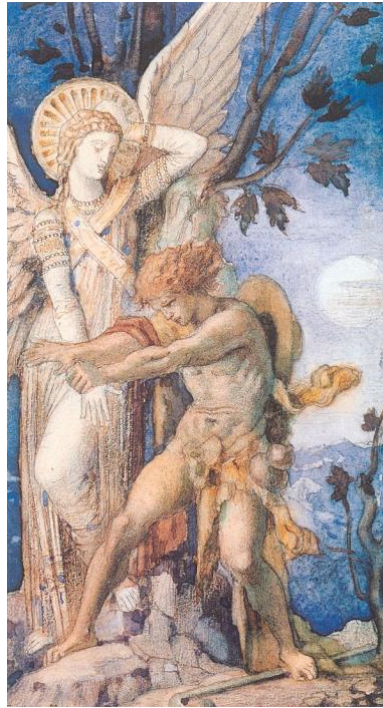




OUR VISION

*We at Holy Trinity, Guildwood are a
Caring, Open-Hearted Community who Dream, Pray and Work
with Jesus for a Loving, Equitable and Peaceful World.*

Tenth Sunday After Pentecost (P18A)

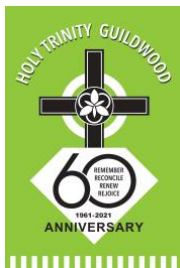
August 2, 2026 – 10:30 a.m.

Church of the Holy Trinity, Guildwood

85 Livingston Rd Scarborough, ON M1E 1K7

416 261 9503 • www.trinityguildwood.org

The Rev. Canon Stephen Kirkegaard, Incumbent



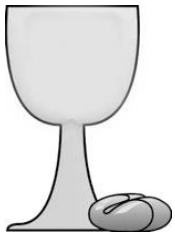
Wheelchair
Accessible

f HolyTrinityGuildwood



Welcome to Holy Trinity, Guildwood

At Holy Trinity, Guildwood, we welcome all who come to worship with us. Though we are people of diverse background, lifestyle, and opinion, we are one in our desire to follow Jesus Christ. We seek to live as diversity in unity, offering a community in which we can all grow together as one Body: God's Church. We hope the order of service will help you find your way, but feel free to ask your neighbour for help. We are truly pleased that you have chosen to worship with us.



Holy Communion: All are welcome in this church and at this altar. All baptized persons, including children, are invited to receive the bread and wine at Christ's table.

Those not receiving communion may wish to receive a blessing. Simply cross your hands over your chest to indicate you are not receiving communion. The Anglican Church supports the ancient use of the common cup. Those receiving the chalice are asked to assist the chalice bearer by grasping the cup at the base and guiding the cup to their lips. **For health purposes the practice of intinction, dipping the bread into the wine, is discouraged.** If you do not wish to drink from the common cup, please feel free to receive the bread only. Simply cross your hands over your chest when the chalice bearer passes by to indicate you do not wish the wine. The ancient teaching is that the whole Christ is received whether one receives only the consecrated bread or both bread and wine. Please come forward (should you wish) to the altar rail, at the indication of the sides person (usher) to fill the altar rail from the outside in. Those with mobility concerns may also receive Holy Communion while remaining in place, please notify a sides person (usher).

Children are always welcome at Holy Trinity - On Sundays, children are invited to take part in the wonderful age-appropriate activities offered by Church School downstairs in the church hall during the Liturgy of the Word, after which they return upstairs to join in the Celebration of the Eucharist. Parents are always welcome to join their children for some or all of the time downstairs. For more information please contact Melanie McLeod, Family Ministry Coordinator, at 416-261-9503 or familyministry@trinityguildwood.org. Children are always welcome to join in the fun and adventure of growing in Christ.

As you are invited to stand or sit, please feel free to do as best fits your health, comfort, and circumstances. Please silence your cellphones.

Tenth Sunday after Pentecost (P18A)

August 2, 2026 – 10:30 a.m.

Celebration of The Holy Eucharist

Prelude – Longing for Light

Text and music: Bernadette Farrell, 1993, ©, admin. OCP Publications.

CHRIST BE OUR LIGHT

The Gathering of the Community *Please stand*

Gathering Hymn #371 - To God Be the Glory

TO GOD BE THE GLORY

Text: Fanny Crosby (1820-1915), alt.; rev. The Book of Praise, 1997. Rev. © 1996 The Presbyterian Church in Canada.

Music: William Howard Doane (1832-1915).

Lay Assistant **Welcome & Land Acknowledgement**

Today we honour and acknowledge that this land and locality are on the historical traditional lands of the Indigenous Peoples of what we call Turtle Island and what is commonly called North America.

We acknowledge the leadership of Indigenous Elders, who continue to teach us about what it means to live in a balanced and good way with all creation. May our time of worship together be blessed, as we give respect to the First Peoples of this land and seek to live in right relationship with ourselves, Creator, and one another.

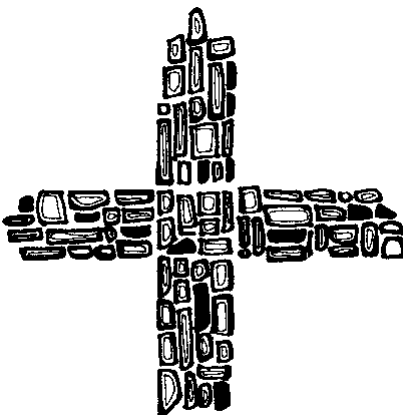
We pray that the Spirit will lead us into all truth, into repentance for the wrongs of the past and into true reconciliation with our Indigenous brothers and sisters that we may be partners in healing and peace, to the glory and thanksgiving of God our Creator.

(National Indigenous Archbishop Chris Harper)

Greeting *please stand*

Presider The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People **And also with you.**



Glory to God *All stand and sing*

Refrain.

Glory to God, glory to God,
glory to God in the highest,
and on earth peace, on earth peace
to people of good will.

We praise you, we bless you,
We adore you, we glorify you,
We give you thanks for your great glory.
Lord God, heavenly King,
O God, almighty Father. **Refrain**

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
You take away the sins of the world,
have mercy on us;
You take away the sins of the world,
receive our prayer;
You are seated at the right hand of the Father,
have mercy of us. **Refrain**

For you alone are the Holy One,
you alone are the Lord,
You alone are the Most High, Jesus Christ,
With the Holy Spirit,
in the glory of God the Father. **Refrain. Amen.**

Gather 3# 207. Text: ICEL. 201. Music: Mass of Joy and Peace, Tony E. Alonso, © 2010, GIA Publications, Inc.
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Gathering Prayer (The Collect of the Day) *please remain standing*

Presider: Almighty God,
your Son Jesus Christ fed the hungry
with the bread of his life
and the word of his kingdom.
Renew your people with your heavenly grace,
and in all our weakness
sustain us by your true and living bread,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

The Proclamation of the Word *please sit for the readings*

First Reading

Genesis 32:22–31

A reading from the Book of Genesis

The same night he got up and took his two wives, his two maids, and his eleven children and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone, and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket, and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

Reader Listen for the leading of the Spirit.

All **Thanks be to God.**

Lay Assistant Psalm #17:1–7, 16 *Please remain seated*

p. 720

Second Reading

Romans 9: 1-5

A reading from the letter of Paul to the Romans.

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own brothers and sisters, my own flesh and blood. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Christ, who is over all, God blessed forever. Amen.

Reader Listen for the leading of the Spirit.

All **Thanks be to God.**

Gospel Hallelujah *Sung three times before and after the Gospel*

CARIBBEAN

Halle, halle, hallelujah!

Halle, halle, hallelujah!

Halle, halle, hallelujah!

Hallelujah! Hallelujah!

Gather 3 #329. Music: Traditional Caribbean arr. by John Bell © 1990. Iona Community, GIA Publications, Inc. agent; verses and acc. by Marty Haugen. © ,1993, GIA Publications, Inc

Presider The Lord be with you.

People **And also with you.**

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Presider The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Gospel Hallelujah *Sung three times before and after the Gospel*

CARIBBEAN

Halle, halle, hallelujah!
Halle, halle, hallelujah!
Halle, halle, hallelujah!
Hallelujah! Hallelujah!

Gather 3 #329. Music: Traditional Caribbean arr. by John Bell © 1990. Iona Community, GIA Publications, Inc. agent; verses and acc. by Marty Haugen. © ,1993, GIA Publications, Inc

Sermon

The Reverend Rasma Caune

Silence for reflection

Hymn of the day **#585** – Lord, Whose Love in Humble Service.

BEACH SPRINGS

Text: Albert Frederick Bayly (1901-1984), alt. © 1961 Oxford University Press. Music: Melody The Sacred Harp, Mason, 1844; attrib. Benjamin Franklin White (1800-1879); arr. © 1978 Lutheran Book of Worship, Reprinted by permission of Augsburg Fortress. Reprinted under OneLicence.net #A-716522

Our Response to the Word

Presider The Apostles Creed

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Lay Assistant Prayers of the People

Please feel free to sit, kneel, or stand - however you are most comfortable to pray.

*Prayers are offered for the church, all in authority, the world,
the local community, those in need, and the departed.*

Let us pray...Lord, you are the bread of life.

Feed us now and evermore.

Lord, you are the bread of heaven, giving life to the world.

You fill our emptiness with your goodness.

You come to our weakness with your strength.

Come, refresh, renew, restore us,

Jesus Christ our Lord,

Who with the Father and the Holy Spirit,

Lives in glory everlasting.

Lord, you are the bread of life.

Feed us now and evermore.

We pray that the church may hunger and thirst after righteousness.

May the church seek to care for and feed the hungry in spirit.

We pray for:

The Church of the Province of Uganda; the clergy and the people of the Spiritual Ministry of Mishamikoweesh, the Eglinton Deanery; St. Martin in-the-Fields, Toronto; for Sarah, Archbishop of Canterbury; Shane, our Primate; Anne, our Metropolitan Bishop; Christopher, our National Indigenous Anglican Archbishop; and our College of Bishops: Kevin, Riscylla, and Andrew, our Diocesan and Area Bishop.

In our parish family of Holy Trinity, Guildwood, this week we pray for:

Bruce and Carol Gooding; Victor Gough; Valerie Grant.

Those Celebrating an anniversary: Jim and Rachael Boles.

Our Rector's Warden: Bruce Fowler.

Our priest Stephen, and Pastor Rasma.

Our Land Lease Development Project.

Lord, you are the bread of life.

Feed us now and evermore

May we seek out the lost, and those in desert places,

And offer them the sustenance of the gospel.

We pray that God will bless our outreach ministries, the Food Cupboard, VBS, Parish Nursing and lead us in new opportunities for Bible study, Spiritual growth and Christian Fellowship

Lord, you are the bread of life.

Feed us now and evermore.

We remember the starving peoples of our world,
Those who suffer from famine, poverty or war,
All whose lives are diminished through malnutrition and neglect.
Let the harvest of our world be neither hoarded nor squandered.
We pray for all whose lives are fragmented,
For all who are broken.
Lord, you open your hands and satisfy the needs of every creature.
Lord, you are the bread of life.
Feed us now and evermore.

We give thanks for those who have fed us and cared for us.
We remember all who have shown compassion and tenderness.
Lord, bless our loved ones, our homes and our communities.
Fill our deep longing for you with your presence and your peace.
Lord, you are the bread of life.
Feed us now and evermore.

We pray for the sick and shut-in, and those who have asked for our prayers:
Dorothy and Kaizen Brown; Carol Gooding; Valerie Grant; Scott and Maricel Heald;
Beverley Byrne MacPhee, Ruth Mattinson, Allan Mawson; Don & Mary Beth
For Joanne Dera; Karen Fraser; Lucia Gomes; Penny Gooding; Roy Mohabir;
and any others known to you...
We pray for all who feel drained and empty,
All who have no energy or strength.
Lord, have compassion upon the weak, the weary,
The harassed and the helpless.
We come to you for renewal, refreshment and hope.
Lord, you are the bread of life.
Feed us now and evermore.

We pray for those who have died and we remember, Robert "Bob" Simson Mackay
We give thanks for those who no longer hunger or thirst
for they have been refreshed in your kingdom.
May we look forward to the day
when we share with them in the glory which is everlasting.
Lord, you are the bread of life.
Feed us now and evermore.

(Adapted from David Adam, Prayers for the Church Year: Clouds and Glory – Year A.)

Lay Assistant Confession
Presider Absolution

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p. 191

The Peace *please stand*

Presider The peace of the Lord be always with you.

All **And also with you.**

We greet one another in the Peace of Christ.

Lay Assistant **Announcements**

The Celebration of the Eucharist *please stand*

The Preparation of Gifts

While the hymn is sung, a collection is taken.

The bread and wine, the offerings of the people, are then brought forward and received.

The Children and Youth return for the family meal – Eucharist.

Offertory Hymn **#380 – O Worship the King**

HANOVER

Text: Robert Grant (1779-1838). Music: Melody and bass William Croft (1678-1727); desc. Alan Gray (1855-1935); Fauxbourdon Harvey Grace (1874-1944). Desc. Copyright Cambridge University Press. Fauxb. Copyright Faith Press. Used with permission under OneLicense.net #A-716522

The Prayer over the Gifts *Please remain standing*

God our sustainer,

accept all we offer you this day,

and feed us continually with that bread

which satisfies all hunger,

your Son our Saviour Jesus Christ. Amen.

The Great Thanksgiving - Eucharistic Prayer 2

p. 196

Eucharistic Preface

Holy, Holy, Holy

Holy, holy, holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Hosanna in the highest.

Gather 3 #198. Text: ICEL. © 2010. Music: Mass of Creation, Marty Haugen, © 1984, 1985, 2010, GIA Publications, Inc. All rights reserved. Reprinted under OneLicense.net #A-716522

The Lord's Prayer

Presider As our Saviour taught us, let us pray,
All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread

Presider I am the bread of life," says the Lord.
"Whoever comes to me will never be hungry;
whoever believes in me will never thirst."
All **Taste and see that the Lord is good;
happy are they who trust in him!**

The Communion

Presider The gifts of God for the people of God.
People **Thanks be to God.**

Lamb of God

**Lamb of God,
you take away the sins of the world,
have mercy on us,
Lamb of God,
you take away the sins of the world,
have mercy on us,
Lamb of God,
you take away the sins of the world,
grant us peace.**

Gather Comprehensive Third Edition #204. Contributors: Marty Haugen Tune: Marty Haugen © 1984, 2010, GIA Publications, Inc.
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Everyone is welcome
to receive communion.



You may receive both
bread and wine, or just
the bread, if you wish.



Cross your arms to
receive a blessing instead.



Communion can be
brought to you if needed:
just ask a sidesperson.

Communion Hymn #61 – As We Gather at Your Table.

ECCE, DEUS

Text: Carl P. Daw, Jr. (1944-) © 1989 Hope Publishing Co. Music; Alfred V. Fedak (1953-). © 1990 Selah Publishing Co., Inc. OneLicence.net #A-716522

Communion Hymn #63 - Eat This Bread, Drink This Cup

EAT THIS BREAD

Eat this bread, drink this cup, come to me and never be hungry.

Eat this bread, drink this cup, trust in me and you will not thirst.

Text: John 6. 35-51; para. Robert J. Batastini (1942-) and the Taizé Community (France), 1984. Music: Jacques Berthier (1923-1994). Para. and music © 1984 Les Presses de Taizé. Used by permission of G.I.A. Publications, Inc., exclusive agent.

The Sending Forth of the Community

Prayer and Praise after Communion *please stand*

God of grace,
we have shared in the mystery
of the body and blood of Christ.
May we who have tasted the bread of life
live with you for ever.
We ask this in the name of Jesus Christ our Lord. Amen

Presider Glory to God,
People **whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the church and in Christ Jesus,
for ever and ever. Amen.**

Time for the Young at Heart

The Children and Youth are invited to come forward and gather at the Altar steps.

Children's Transition – This is my Commandment

This is my commandment,
that you love one another,
that your joy may be full.
This is my commandment,
that you love one another
that your joy may be full,
that your joy may be full,
that your joy may be full.
This is my commandment,
that you love one another
that your joy may be full,

Wee Sing Bible Songs by Pamela Conn Beall and Susan Hagen Nipp. Price/Stern/Sloan. Publishers, Inc., Los Angeles, 1986.

Sending Hymn #423 – How Great Thou Art

HOW GREAT THOU ART

Text: Stuart K. Hine (1899-1989), inspired by Swedish text by Carl Gustav Boberg (1859-1940). Music: Melody Swedish trad.; harm. Stuart K. Hine (1899-1989). Text and harm. © 1953, 1981 Manna Music, Inc, All Rights Reserved. Used by permission. Reprinted under OneLicence.net #A-716522

Presider Blessing

Dismissal

Presider Followers of Jesus, inspired by the Holy Spirit,
go and serve the world God loves.

People **Thanks be to God.**

Postlude – Go Now In Peace – *Please join the choir in singing*

Verse 1

Go now in PEACE
Never be afraid,
God will go with you
each hour of ev'ry day.

Verse 2

Go now in FAITH,
Stead-fast, strong and true,
Know He will guide
you in all you do .

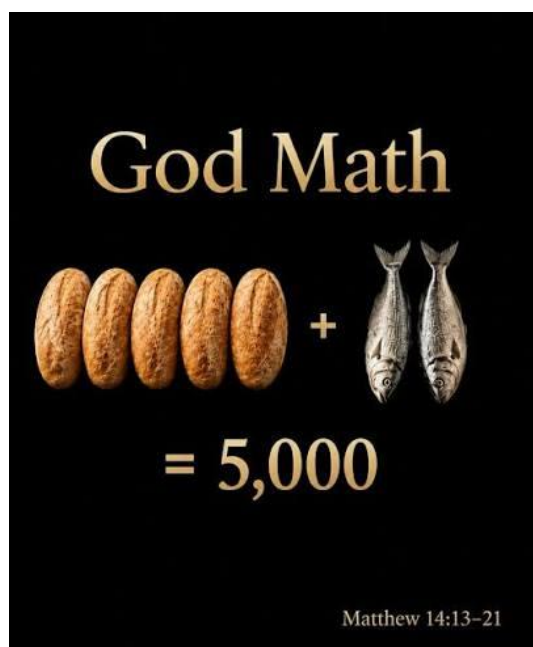
Verse 3

Go now in LOVE,
and show you believe.
Reach out to others
so all the world can see.
God will be there
watch-ing from a-bove.

Go now in PEACE,
in FAITH
and in LOVE.
A-men, A-men, A- - men

Contributors: Nancy Price, Don Besig, Tune: Copyright © 1988 by Harold Flammer Music, a Division of Shawnee Press, Inc. Text: Copyright © 1988 by Harold Flammer Music, a Division of Shawnee Press, Inc. Reprinted under OneLicence.net #A-716522

*The flowers this week are given by
Beth Raymer
in memory of her
Uncle Robert "Bob" Simson Mackay*





VBS Summer Camp

Where? Holy Trinity, Guildwood, 85 Livingston Road.

Tel 416 261 9503 Office@trinityguildwood.org

When? Monday August 24 to Friday August 28

9:30 am-12:30 pm

For who? Ages 4+ How much? \$100 for the week!

Includes a Trip to the Zoo! Bursaries Available

Once a year we come together for our annual **ReCharge youth retreat**, empowering youth to deepen their relationship with God and each other. The retreat is for youth in Grades 6-12. During the weekend, we enjoy a range of contemporary and traditional worship, which lets us experience the great diversity the Anglican Church has to offer!



**STEP AWAY.
RECHARGE.
Live Your Faith!**



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REGISTER TODAY!



SEPTEMBER 18-20



CONTACT US:
bymcretreat@gmail.com



FOR YOUTH
Grades 6-12



Dear Guest/Visitor:

Thank you for worshiping with us today; you have enriched our community, and we hope the service held meaning and beauty for you. If you will be returning to a distant home, we wish you the Lord's grace and a safe journey. However, if you live anywhere near us, and you are not an involved member of a faith community and might be seeking one, we invite you to return here any Sunday so that we may continue to worship with and respond to you. Please visit us on the web at www.trinityguildwood.org and take one of our welcome brochures to learn more about opportunities for personal spiritual growth and service to others.

Holy Trinity, Guildwood's ministries are supported by the prayers, time, energy, and financial gifts of those who worship with us.

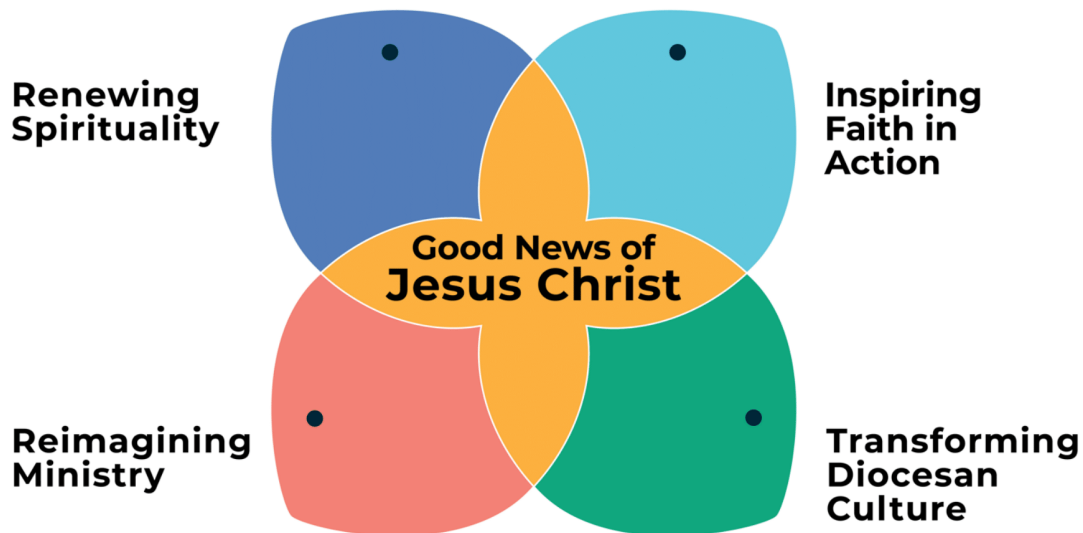


Donate online by going to

<https://www.canadahelps.org/en/charities/118863018RR0001-church-of-the-holy-trinity/> (CanadaHelps charges 4% for the service.)

Cast the Net Diocese of Toronto Vision

Go forth, followers of Jesus, inspired by the Holy Spirit, serve the world God loves!



- We are disciples of Jesus Christ, whose Good News is the joy and challenge at the heart of our common life.
- We are renewed daily in our spiritual lives and share our faith with others.
- We seek justice for all, walk alongside those in need, and respond with loving service and prophetic advocacy.
- We support and encourage faithful and fruitful ministry by all who serve the life of the church.
- We live and work as the Body of Christ, each member connected to the whole, and each valued for their unique gif



Assisting in Worship are:

Presider & Preacher: The Reverend Rasma Caune
Lay Assistant: Cathy Mathews
Altar Guild: Shirley Knautz, Esther Tilley, Janet Tangness
Readers: Eva Mclean, Myriam Hill
Welcome: Eva Mclean
Hospitality: Dorothy Brown

Readings for Next Sunday August 9, 2026 (11th Sunday After Pentecost P19A)

Genesis 37:1-4, 12-28
 Psalm 105:1-6, 16-22, 45
 Romans 10:5-15
 Matthew 14:22-33

How to contact us

Incumbent	The Reverend Canon Stephen Kirkegaard	647.822.9503 (mobile); stephenkirkegaard@icloud.com
Parish Administrator	Stephanie Hicks	416.261.9503 – church office@trinityguildwood.org
Family Ministry Coordinator	Melanie McLeod	familyministry@trinityguildwood.org .
Rector's Warden	Bruce Fowler	Rectors.warden@trinityguildwood.org
People's Warden	Rose Condon	Peoples.warden@trinityguildwood.org
Ministry Leaders Team Chair	Michael Cooksey	mjcooksey66@gmail.com
Property Manager	Flo Schwerdtner	416.284.6269 floschw@rogers.com
Music Director	Marilyn Lind	office@trinityguildwood.org
Video Director	Brian Provo	brianprovo@rogers.com

***The Reverend Canon Stephen Kirkegaard will be away from
Friday July 17 -Thursday August 20, inclusively.***

*Church Office Hours:
Monday and Wednesday closed.
Tuesday and Thursday 10 a.m. – 4 p.m.
Friday 10 a.m. – 2 p.m.*